



HELPING HANDS ENGLISH MEDIUM SCHOOL

— NURTURING MINDS, SHAPING FUTURES —

MONTHLY
MAGAZINE



July

A Month of Unity, Culture & Well-being

THEME OF THE MONTH:

*Celebrating
Diversity*



HEALTH & FITNESS

Healthy Traditional Foods
Folk Dances for Fitness



SPECIAL ASSEMBLY

Unity in Diversity



SPORTS OF THE MONTH

Kho-Kho



Diversity in
Forests & Wildlife



Cultural
Literacy



Global
Awareness



Cultural
Exchange



Together We Grow,
Together We Shine

*Different yet Together,
Stronger Forever!*



Learning
Today
Leaders
Tomorrow

PRE-PRIMARY ACTIVITIES

JULY 2026

Learning with Joy, Creativity and Smiles

The month of July 2026 at Helping Hands English Medium School was filled with laughter, excitement, and meaningful learning for our little learners. Our Nursery, LKG and UKG students enjoyed a wide range of fun-filled activities that encouraged creativity, curiosity, and a love for learning. Each activity helped them explore new ideas, build confidence, and develop important life skills in joyful ways.



YOGA ACTIVITY (UKG)

Our UKG students practiced simple yoga postures and breathing exercises. This activity improved their flexibility, balance, concentration and self-discipline, while teaching them the importance of a healthy and active lifestyle.



MATHS ACTIVITIES (LKG)

Our LKG children explored numbers through counting games, shape activities, matching and colourful learning aids. These fun exercises helped them in logical thinking, observation and problem-solving skills.



RAINY DAY ACTIVITIES (NURSERY)

Our Nursery little ones enjoyed the magic of rain! Through songs, stories, crafts and art activities, they explored the monsoon season and learned about nature in a fun and creative way.



SHAPE MAKING ACTIVITIES

Children made different shapes using paper, sticks and other materials. This activity helped them understand shapes better and boosted their creativity.



PAPER HAT MAKING

Our little artists made bright and beautiful paper hats. They enjoyed decorating them and wearing them with big smiles!



CRAFT ACTIVITIES

Craft time was full of imagination and fun! Children made beautiful creations using colours, papers, glue and love.

AND MUCH MORE!

- Colouring Activities
- Storytelling
- Drawings and Art
- Action Songs and Games

These activities brought smiles, learning and wonderful memories to our students. They not only made learning joyful but also helped in their overall development. Our teachers worked with dedication and love to make every moment special. Together, we made July 2026 a month to remember!

Happy Children
Bright Future

Small Steps Today, Bright Dreams Tomorrow

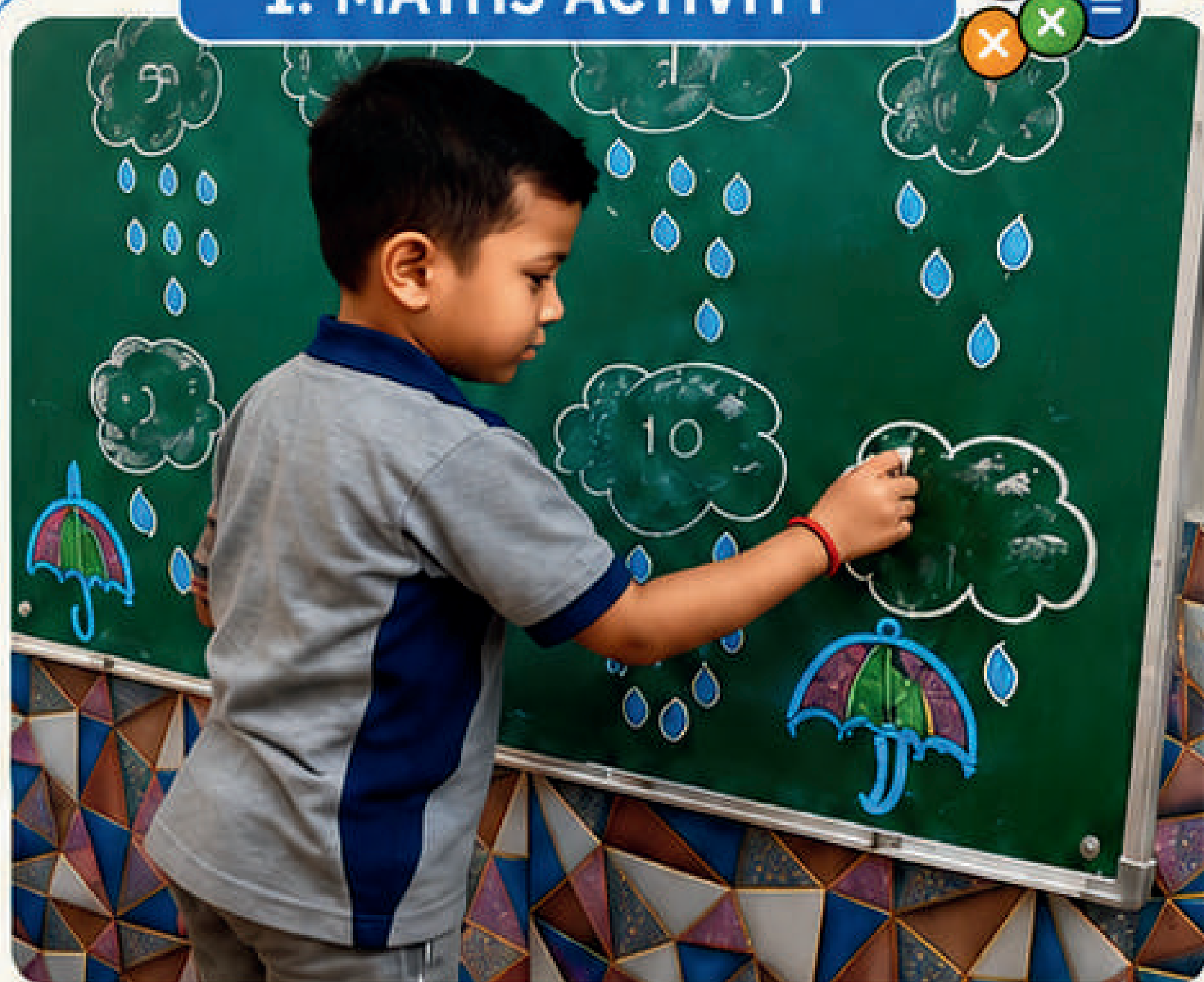
Pre-Primary Activities

Month of July

Class : LKG

The month of July was packed with exciting and meaningful learning experiences for our little learners of **LKG**. A variety of engaging activities helped our tiny tots explore, discover, and grow with joy and confidence. Each activity was designed to make learning fun, interactive, and memorable.

1. MATHS ACTIVITY



Children enjoyed hands-on math activities that made numbers fun and easy to understand. Through games and creative exercises, they learned counting, shapes, and patterns.



2. CLASSROOM OBJECTS



Little learners identified and spoke about different classroom objects. This activity helped them improve vocabulary, observation skills, and their ability to express themselves.



3. CREATIVE STROKE COLORING ACTIVITY



Through creative stroke coloring, children explored colors, improved hand-eye coordination, and expressed their creativity with beautiful artwork.



4. GREEN DAY CELEBRATION



Green Day was celebrated with great enthusiasm. Children came dressed in green, spoke about the importance of nature, and promised to keep our Earth clean and green.



Learning through play, activities, and celebrations makes early education joyful and meaningful!



The Creative Activity Zone



We believe that every activity is a step towards a child's all-round development. Our creative and hands-on activities make learning joyful, meaningful and memorable.

Class – Nursery

Rainy Day

Cotton Craft Activity

Little hands created beautiful rain clouds using soft cotton and blue droplets. This activity enhanced their creativity, fine motor skills and imagination.



Fighter Jet

Colour Flow Activity

Children enjoyed creating colourful fighter jets using paint flow technique. It helped in developing colour recognition, hand-eye coordination and concentration.



Newspaper

Art & Craft Activity

Through newspaper craft, children explored textures, tearing, rolling and pasting. This activity boosted their creativity, focus and finger strength.



Pom-Pom

Printing Activity

Pom-pom printing was full of fun and excitement. It encouraged self-expression, pattern making and creativity.



We provide a nurturing environment where children learn by exploring, creating and experimenting. These activities not only build essential skills but also nurture confidence, curiosity and a lifelong love for learning.

**Play, Explore,
Create & Grow
together!**





CLASS:
UKG



ACTIVITY NAME:
SHAPES NAME
ACTIVITY



DATE:
25 JULY 2026



VENUE:
ACTIVITY
AREA



ACTIVITY PHOTOS



ACTIVITY DESCRIPTION



In the Shapes Name Activity, children sat together in groups and formed different shapes like circle, triangle and square using their body posture. Through this fun and engaging activity, children learned to identify and name basic shapes in a practical and interactive way.

LEARNING OUTCOMES



- ★ Children can identify and name basic shapes.
- ★ Enhances body coordination and teamwork.
- ★ Develops observation and creative thinking.
- ★ Encourages active participation and confidence.
- ★ Strengthens understanding of shapes in daily life.



PAPER HAT ACTIVITY



CLASS:
UKG



ACTIVITY NAME:
PAPER HAT
ACTIVITY



DATE:
24 JULY 2026



VENUE:
ACTIVITY AREA

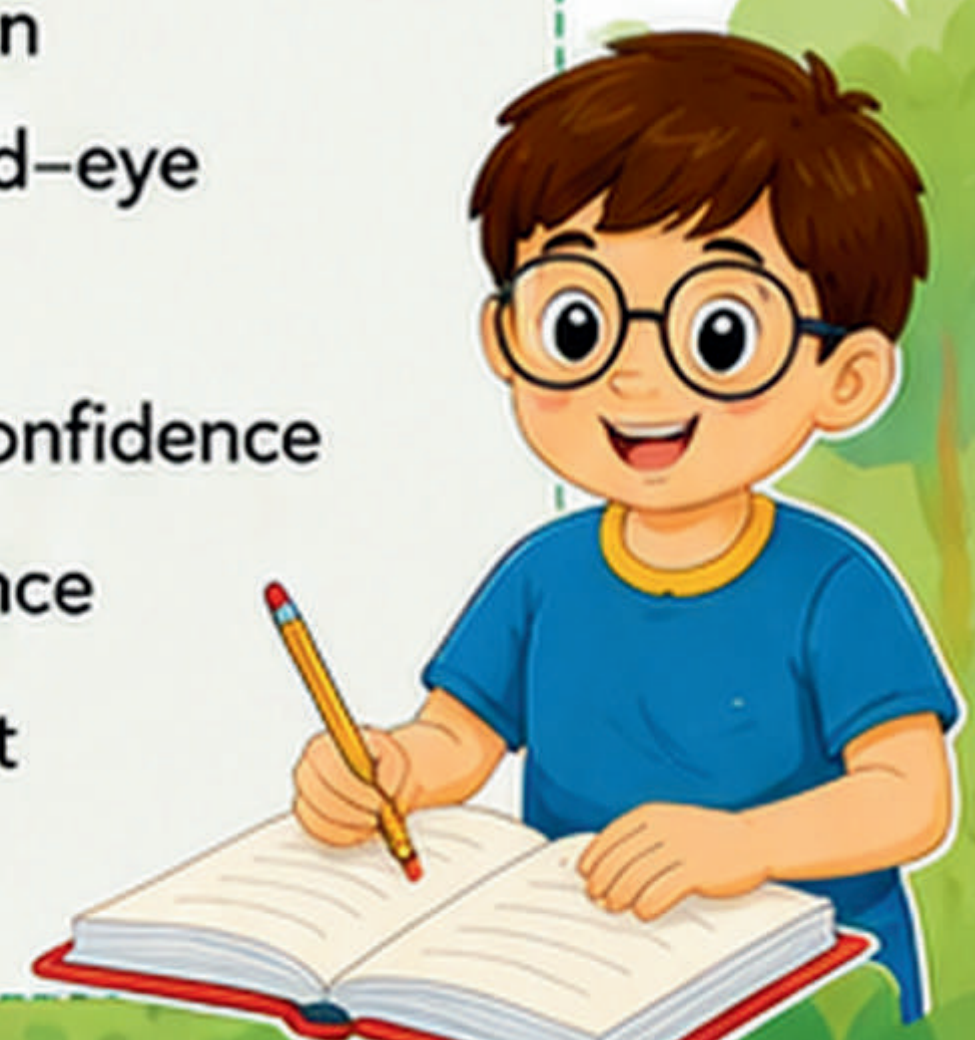


ACTIVITY DESCRIPTION

The Paper Hat Activity was a fun and engaging hands-on experience for UKG children. Students made their own hats using colored paper with the help of their teachers. They decorated and proudly wore their hats, expressing their creativity and imagination. This activity made learning joyful and interactive.

LEARNING OUTCOMES

- ★ Enhances creativity and imagination
- ★ Improves fine motor skills and hand-eye coordination
- ★ Encourages self-expression and confidence
- ★ Develops concentration and patience
- ★ Fosters a sense of accomplishment





CLASS:
UKG

ACTIVITY NAME:
COORDINATION
ACTIVITY

DATE:
11TH JULY 2026

VENUE:
ACTIVITY AREA



ACTIVITY DESCRIPTION

In this coordination activity, children were given a spoon to pick small objects (beans) from a container and place them into rubber bands placed on the table. This activity helped children to focus, use their hands and eyes together and improve their control and concentration.



LEARNING OUTCOMES

- ★ Improves Hand-Eye Coordination
- ★ Develops Fine Motor Skills
- ★ Enhances Concentration and Focus
- ★ Encourages Patience and Accuracy
- ★ Boosts Confidence and Independence



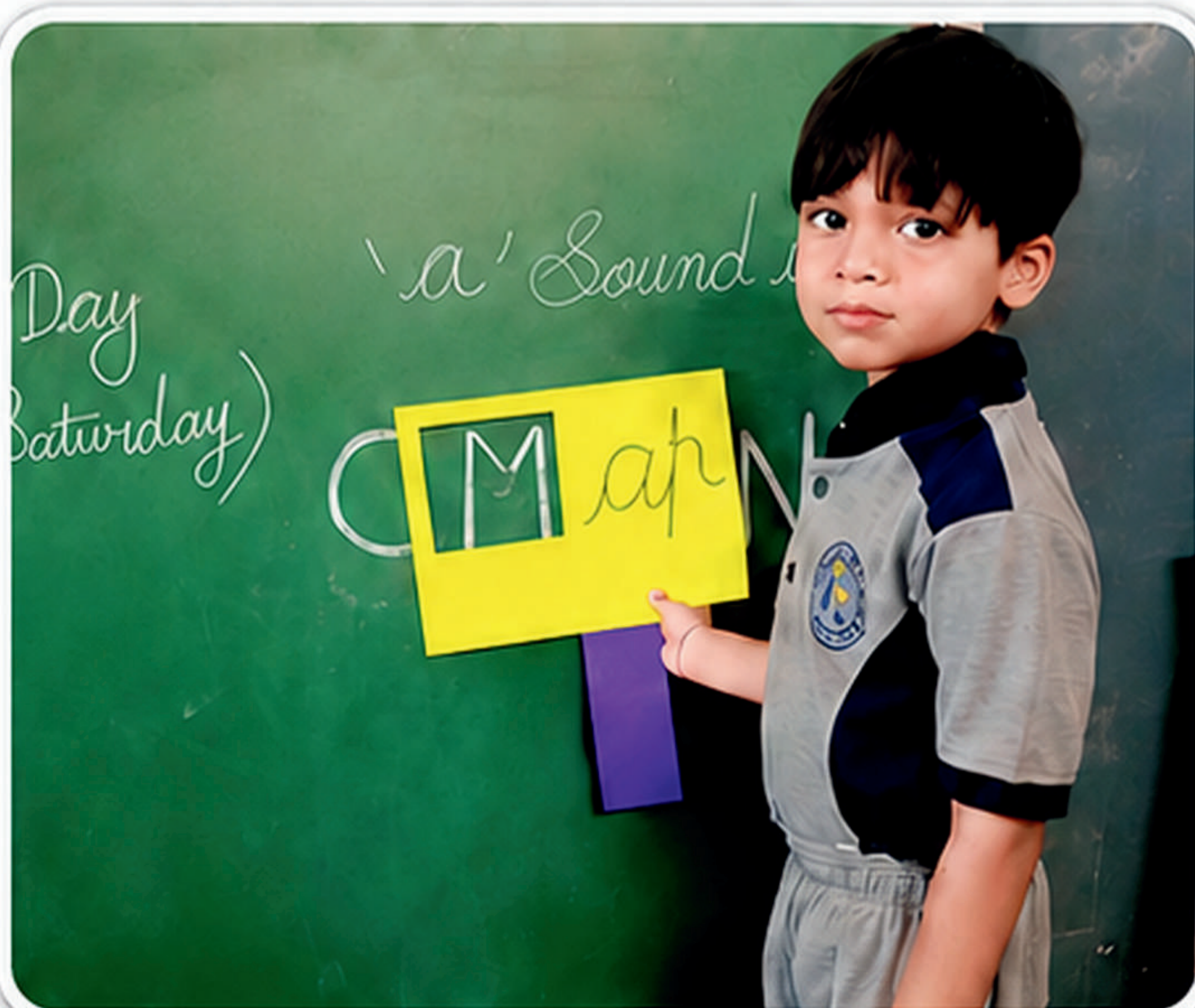


CLASS:
UKG

ACTIVITY NAME:
SOUND WORD ACTIVITY

DATE:
18 JULY 2026

VENUE:
CLASSROOM



ACTIVITY DESCRIPTION

In the Sound Word Activity, children identified the beginning sound of given pictures and formed simple words using letter cards. They matched the correct letters to complete the words like 'Man', 'Cat', and 'Mat'. The activity was interactive and engaging, encouraging active participation and making learning fun and meaningful.

LEARNING OUTCOMES

- ★ Recognized beginning sounds in words.
- ★ Formed simple three-letter words.
- ★ Improved phonemic awareness.
- ★ Enhanced vocabulary and spelling skills.
- ★ Developed concentration and confidence.
- ★ Encouraged active participation and teamwork.



HAPPY BIRTHDAY!

♥ BIRTHDAY WISHES CORNER ♥

Nursery

- ★ Kostubh 17/07
- ★ Nilansh Dewangan 01/07



L.K.G.

- ★ Kavyansh Patkar 25/07
- ★ Anushka Banjare 01/07



U.K.G.

- ★ Ayush Nain 05/07
- ★ Rishabh Nishad 26/07
- ★ Tikshita Bandhe 09/07
- ★ Dewanshi Verma 02/07
- ★ Pragati Yadav 20/07
- ★ Deep Banchhor 12/07
- ★ Priyansh Sahu 25/07
- ★ Tamesh Patel 08/07



Class 1

- ★ Bhupesh Kumar Sahu 06/07



Class 2

- ★ Gaurav Sahu 02/07
- ★ Sambhavi Soni 23/07



Class 3

- ★ Bhavya Dewangan 11/07
- ★ Cherika Yadav 07/07
- ★ Dakshata Lodhi 06/07
- ★ Harshita Das 17/07
- ★ Nithya Singh 19/07
- ★ Riya Nayan 10/07



Class 4

- ★ Dushyant Patel 24/07
- ★ Rudra Pratap Singh 25/07
- ★ Siddhi Sharma 27/07
- ★ Harsh Pandey 06/07
- ★ Vikky Bhagat 06/07
- ★ Mohammed Sadar Jama 29/07
- ★ Priyanshi Narang 29/07
- ★ Pratyaksh Sahu 10/07



Class 5

- ★ Jatin Chauhan 30/07
- ★ Aditi Dhruv 28/07
- ★ Bhemanya Verma 19/07



Class 7

- ★ Jhilmil Baghel 17/07
- ★ Om Verma 22/07
- ★ Rubani 26/07
- ★ Saumya 27/07



Class 8

 No birthdays this month 

Class 9

- ★ Avichal Pansari 27/07
- ★ Ayush Raj Pandey 24/07
- ★ Surbhi Yadav 03/07
- ★ Purvi Verma 07/07



Class 10

- ★ Ramkrishna Vaishnav 10/07
- ★ Tejasvi Verma 03/07



Class 11

 No birthdays this month 

Class 12

- ★ Himanshu Verma 22/07
- ★ Purvi Thakur 23/07



*Wishing all our dear students a very Happy Birthday!
May this new year of your life bring happiness, success,
good health, and endless opportunities to shine.
Keep smiling and keep achieving!*



Young Minds, Bright Creations



Creativity came alive in our classrooms as students of All Classes enthusiastically participated in a series of Art Integrated Activities conducted across all subjects. These activities provided a unique platform for learners to blend academic concepts with artistic expression, making learning more engaging, interactive, and meaningful.



In English, students showcased their communication and creative thinking skills through Descriptive Speech and Short Composition Writing. They confidently expressed their ideas, enhanced their vocabulary, and developed the ability to communicate effectively through both spoken and written language.



Across other subject areas, students displayed remarkable imagination and understanding by creating informative posters and attractive chart papers on a variety of curriculum-based topics. These hands-on activities encouraged research, critical thinking, teamwork, and presentation skills while allowing students to transform classroom learning into colourful visual representations.





The **Art Integrated Activities** not only strengthened subject knowledge but also nurtured creativity, confidence, collaboration, and innovation among the learners. Every poster, chart, and presentation reflected the enthusiasm, talent, and hard work of our students and the dedicated guidance of our teachers.



We believe that learning becomes truly **meaningful** when knowledge meets **creativity**. Through such enriching experiences, we continue to **inspire** our students to think beyond textbooks, explore their potential, and express their ideas with **confidence**. Indeed, our young minds continue to create bright futures through **imagination**, **dedication**, and **artistic excellence**.



TREE

PLANTATION WEEK

Plant Today, Breathe Tomorrow

We enthusiastically celebrated Tree Plantation Week with the aim of promoting environmental awareness and encouraging students to become responsible citizens. Students and teachers actively participated in planting a variety of saplings in different sections of the school campus, including the playground, garden, entrance area, and boundary sides.



GROWING A GREENER FUTURE

The programme began with a brief address highlighting the importance of trees in maintaining ecological balance and combating global warming. Students learned that trees provide oxygen, purify the air, conserve water, prevent soil erosion, and offer shelter to birds and wildlife.

HANDS-ON FOR A BETTER TOMORROW

With great enthusiasm, students planted and watered the saplings, taking a pledge to care for them and protect nature. The activity instilled a sense of responsibility, teamwork, and love for the environment among the young learners.



A STEP TOWARDS A SUSTAINABLE FUTURE

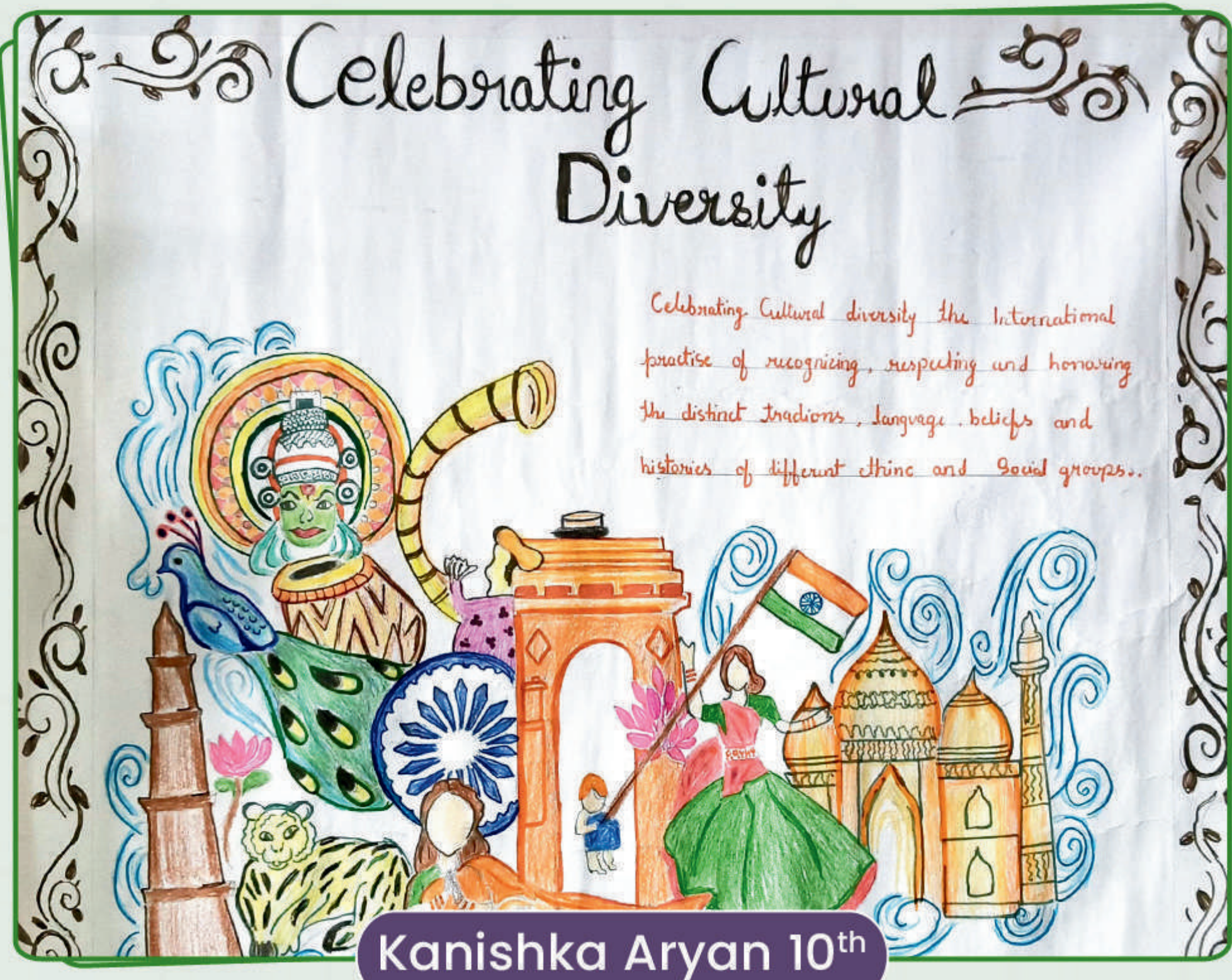
Tree Plantation Week was not just an event but a meaningful step towards creating a greener and healthier future. Through this initiative, we reaffirmed our commitment to environmental conservation and inspired every student to remember the message:

**"Plant a Tree Today,
Grow a Better Tomorrow."**



Celebrating Diversity Through Creativity

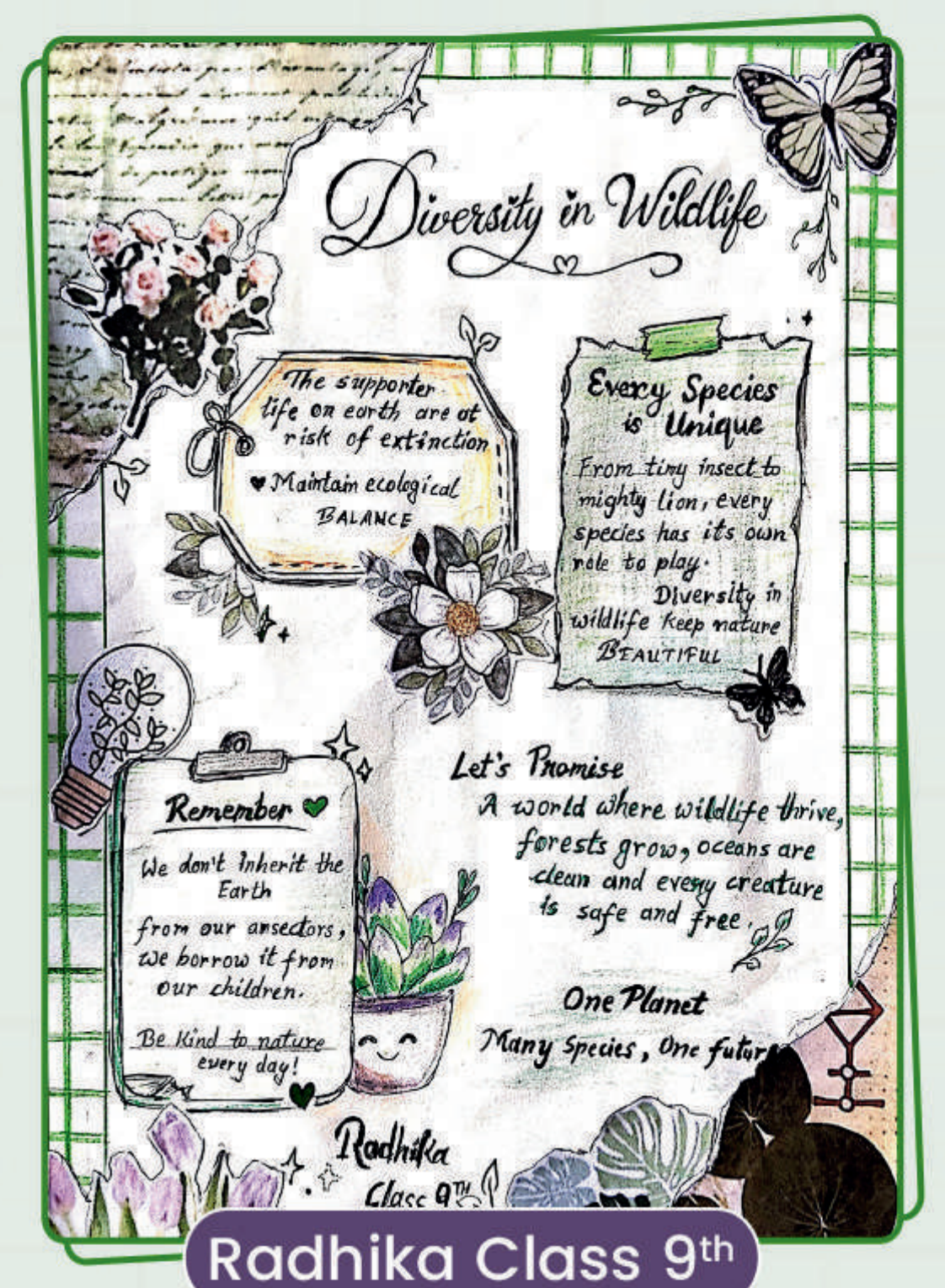
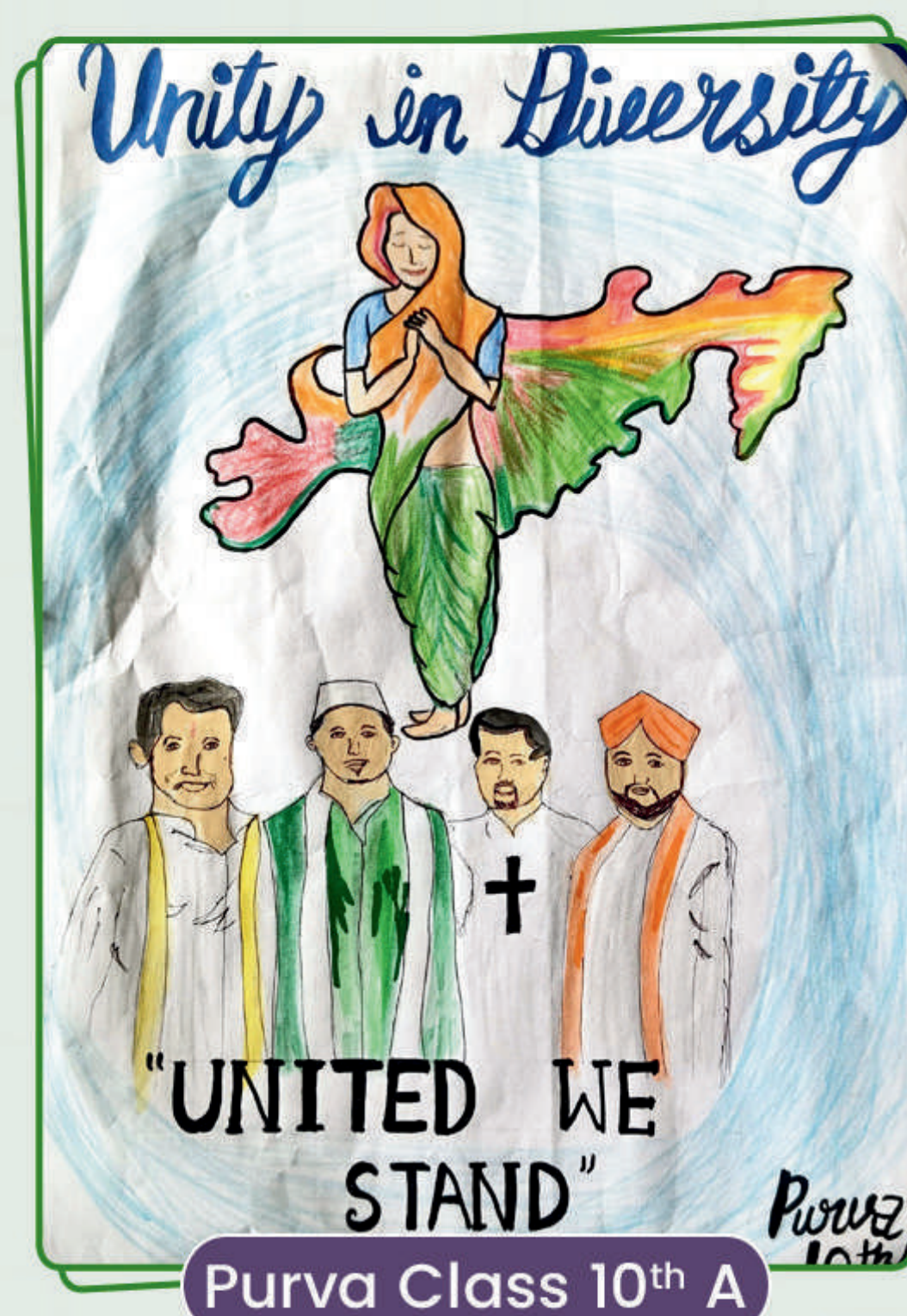
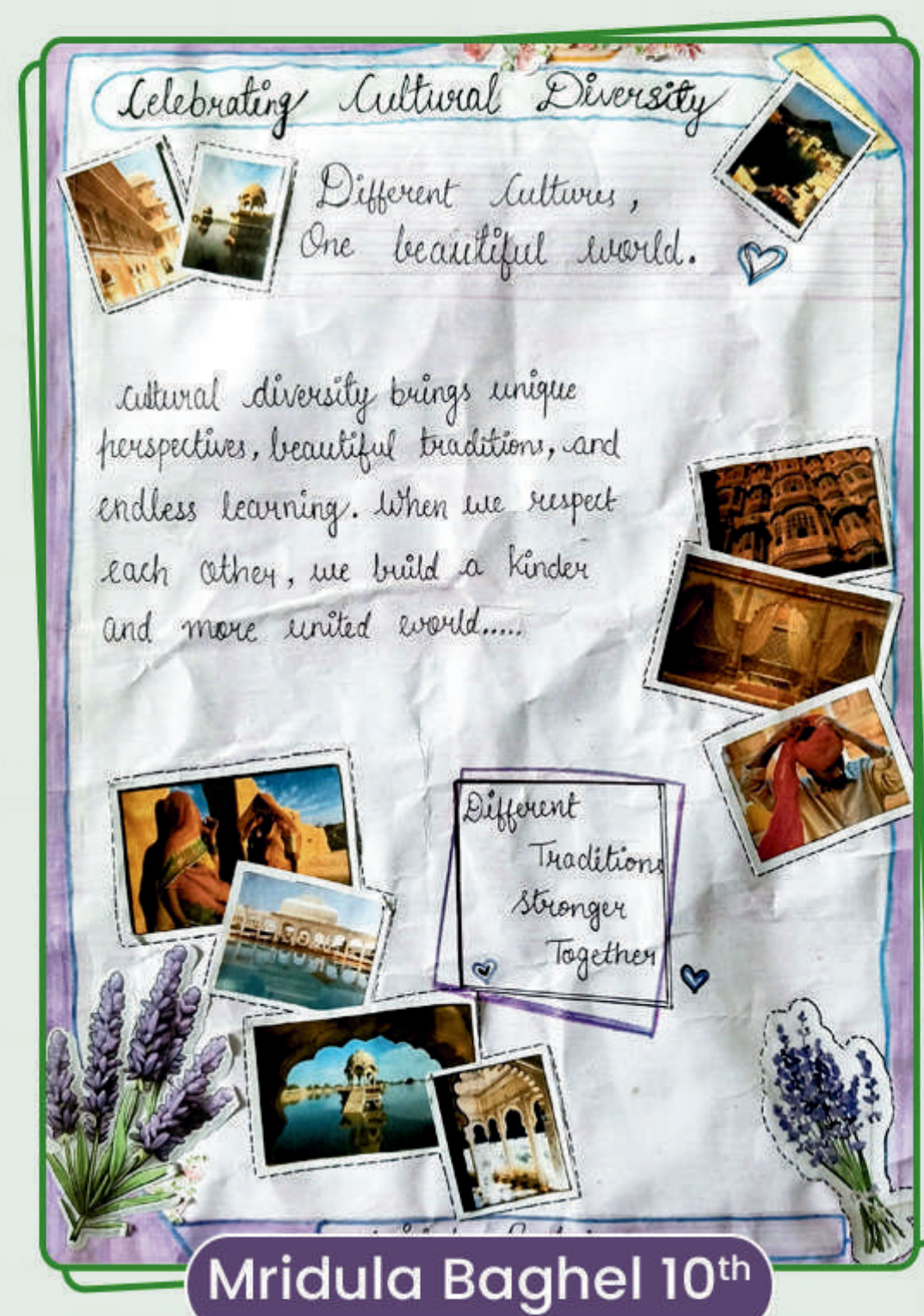
Our Students' Corner is a vibrant platform where creativity meets expression. Inspired by the July theme – "Celebrating Diversity," our students have beautifully shared their thoughts and talents through inspiring articles, colourful paintings, creative posters, and meaningful artwork.



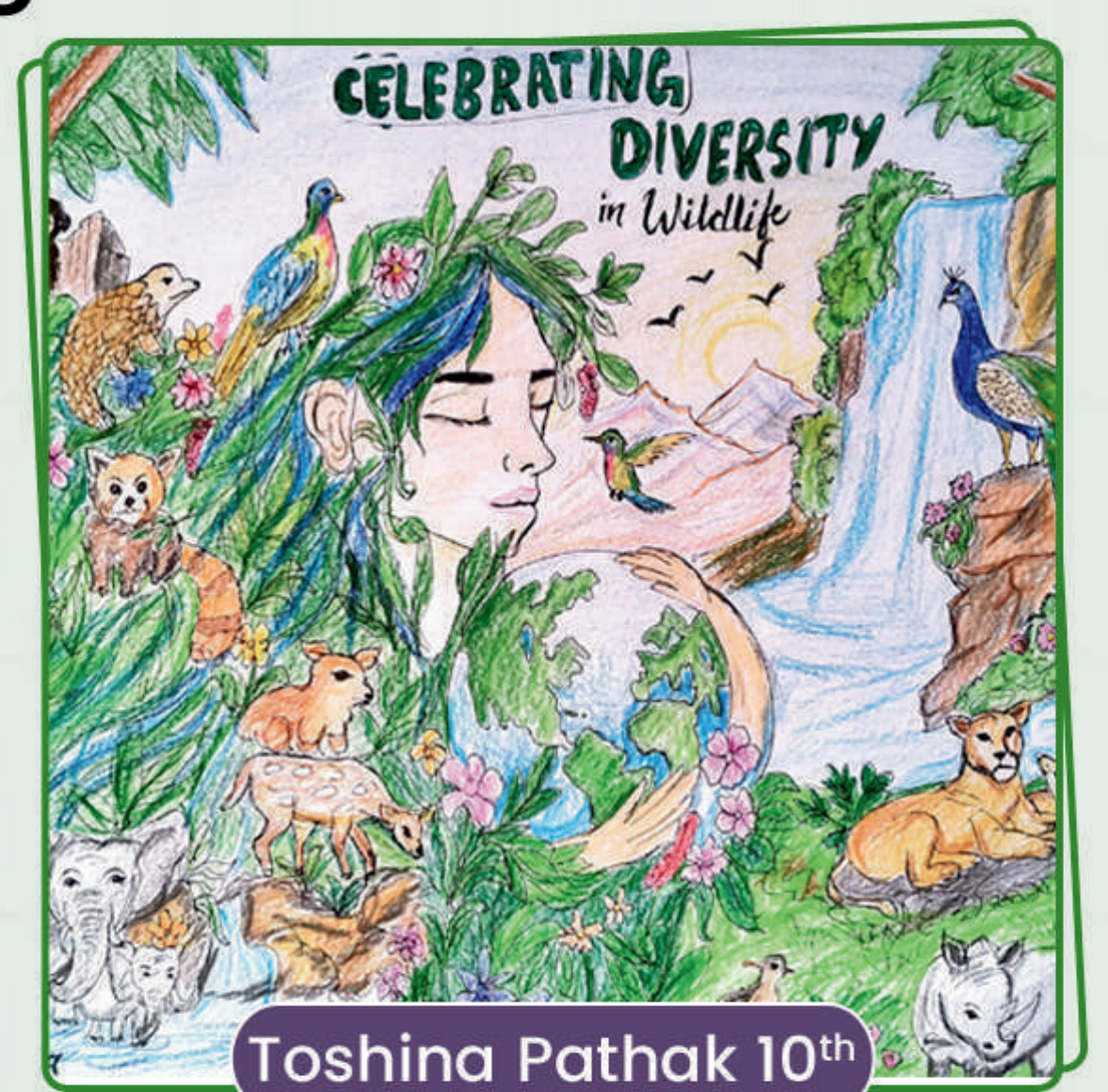
Each contribution reflects the values of unity, respect, compassion, and appreciation for the diverse cultures, traditions, and people that make our world unique. Through their imagination and artistic skills, our young creators have transformed ideas into powerful messages that encourage harmony and inclusiveness.

We proudly acknowledge the outstanding contributions of our Class X students:

Nancy Yadav
Soshina Pathak
Purva Tandon
Mridula Baghel
Kanishka Aryan



Their enthusiasm, creativity, and thoughtful efforts have made this edition of the magazine truly special. We congratulate them on their wonderful work and encourage all students to continue expressing themselves with confidence, originality, and purpose.



Biotechnology Workshop Inspires Young Minds

Students of Classes X, XI, and XII from Helping Hands English Medium School actively participated in the Biotechnology Popularization and Skill Development Workshop for School Children, organized by the Amity Institute of Biotechnology, Amity University Chhattisgarh, with the support of the Biotech Research Society of India (BRSI).



The workshop offered students a valuable opportunity to explore the dynamic field of biotechnology and its applications in healthcare, agriculture, environmental conservation, and scientific innovation.



Through interactive demonstrations, expert-led sessions, and experiential learning activities, students gained meaningful insights into contemporary laboratory techniques and the wide range of career prospects in biotechnology.

The visit fostered scientific curiosity, critical thinking, and a research-oriented mindset among the participants. Students engaged with faculty members and researchers, observed state-of-the-art laboratory facilities, and experienced hands-on learning beyond the traditional classroom environment. The sessions enabled them to understand how biotechnology contributes to addressing real-world challenges and enhancing quality of life.

The students were accompanied and guided by Ms. Neha Chandrakar, Biology Teacher, and Mr. Sachin Desai, whose encouragement and support ensured a meaningful and enriching learning experience for all the participants. Their guidance helped students actively engage in the workshop and make the most of this educational opportunity.



Overall, the educational visit proved to be a highly enriching experience, broadening students' perspectives and inspiring them to consider careers in science and research. Such initiatives play a vital role in nurturing future innovators and strengthening the integration of theoretical learning with practical application.



HOUSE COMPETITIONS – JULY 2026

Celebrating Confidence, Creativity and Expression

The month of July 2026 at Helping Hands English Medium School, Kharora, was marked by enthusiasm, creativity and a vibrant spirit of healthy competition. As part of the school's Inter-House Competitions, students participated in Speech, Storytelling and Poem Recitation Competitions on 18 July 2026.

These competitions provided students with a wonderful platform to express themselves, develop confidence, enhance communication skills and showcase their creativity before an audience. The enthusiastic participation of students from the Anamalai (Yellow), Aravalli (Green), Nilgiri (Blue) and Shivalik (Orange) Houses made the events truly memorable.

SPEECH COMPETITION

Classes 9 & 10 | Date: 18 July 2026

The Speech Competition witnessed confident and articulate performances by the senior students. Participants expressed their ideas with clarity, conviction and impressive voice modulation. Their command over language, presentation skills and stage confidence reflected their sincere preparation.

Winners

1st Position – Anshika Lohan

Aravalli House – Green

2nd Position – Shiksha Verma

Aravalli House – Green

3rd Position – Radhika Yadav

Nilgiri House – Blue

Winner House

Aravalli House – Green House



The outstanding performances of Anshika Lohan and Shiksha Verma helped Aravalli House emerge as the overall winner of the Speech Competition.

STORYTELLING COMPETITION

Classes 6, 7 & 8 | Date: 18 July 2026

The Storytelling Competition brought imagination and creativity to life. Students captivated the audience through expressive narration, engaging voice modulation, meaningful gestures and lively character portrayal. The event demonstrated how storytelling can nurture imagination while strengthening communication and presentation skills.

Class 6 (A + B)

1st Position – Aanya Navrange

Shivalik House – Orange

2nd Position – Shalini Mishra

Aravali House – Green

3rd Position – Noysha Tiwari

Shivalik House – Orange

Class 7

1st Position – Kavya Das

Anamalai House – Yellow

2nd Position – Diya Verma

Aravali House – Green

3rd Position – Lisha Sinha

Shivalik House – Orange

Class 8

1st Position – Ragini Sahu

Anamalai House – Yellow

2nd Position – Garima Verma

Anamalai House – Yellow

Winner House

Shivalik House – Orange House

With remarkable performances, particularly in Class 6 and Class 7, Shivalik House secured the title of Overall Winner of the Storytelling Competition.



POEM RECITATION COMPETITION

Classes 1–5 | Date: 18 July 2026

The Poem Recitation Competition was a delightful celebration of rhythm, expression and emotions. Our young poets recited their poems with confidence and enthusiasm, demonstrating excellent pronunciation, voice modulation, facial expressions and stage presence.

Class 1 (A + B)

- 1st Position – Trisha Kumari
Shivalik House – Orange
- 2nd Position – Angel Dewangan
Nilgiri House – Blue
- 3rd Position – Divya Banjare
Nilgiri House – Blue

Class 2 (A + B)

- 1st Position – Kartavya Tripathi
Nilgiri House – Blue
- 2nd Position – Fanishk Bhuiarya
Anamalai House – Yellow
- 3rd Position – Trisha Ghitlahire
Aravali House – Green

Class 3 (A + B)

- 1st Position – Sagun Mishra
Anamalai House – Yellow
- 2nd Position – Angel
Aravali House – Green
- 3rd Position – Shrishti Mishra
Anamalai House – Yellow

Class 4 (A + B)

- 1st Position – Ishika Tandan
Nilgiri House – Blue
- 2nd Position – Khushi Dewangan
Anamalai House – Yellow
- 3rd Position – Pari Lohan
Nilgiri House – Blue

Class 5 (A + B)

- 1st Position – Nishtha Sahu
Nilgiri House – Blue
- 2nd Position – Tulsi Sinha
Anamalai House – Yellow
- 3rd Position – Ghanika Verma
Anamalai House – Yellow

Winner House

Nilgiri House – Blue House



With consistently strong performances across the junior classes, Nilgiri House emerged as the Overall Winner of the Poem Recitation Competition.

A Celebration of Talent and Team Spirit

The July House Competitions were much more than contests—they were opportunities for students to speak with confidence, narrate with imagination and recite with expression. Every participant displayed courage, enthusiasm and dedication.

The competitions also strengthened the spirit of teamwork, healthy competition and House pride, making July a month filled with learning, creativity and memorable achievements.

Congratulations to all the winners and participants!

July Photo Gallery

